

Mental health service provisions across Te Pūkenga

As at 20 May 2022

Figure: Map of Te Pūkenga ITP subsidiaries across Aotearoa

Key: **Black** – Existing service
Green – New and expanded services
Blue – Planned services to be stood up

Manukau Institute of Technology

- Mental Health FTE: 1.3
- Mental Health FTE: 0.7 (vacant)
- Puāwaitanga tele-health services
- Student wellbeing co-ordinator
- Mental Health and Wellbeing workshops
- Group mentoring programme for Māori and Pasifika learners
- Counsellor dedicated to trades academy

Universal College of Learning

- Clinical FTE: 5.6
- Clinical FTE:1 (vacant)
- Mental Health FTE: 5.6
- Contracted services Whanganui campus
- Counselling Services - Out of Hours,
- Mindfulness workshops weekly (contractor running)
- Workshops/Seminars - Gender Diverse, LGBTQI+ support groups
- Nurse Practitioner

Open Polytechnic of New Zealand (nationwide, online)

- Puāwaitanga tele-health services
- Pou Tiaki role

Southern Institute of Technology

- Total clinical FTE: 4
- Mental Health FTE: 3
- Social worker/Counsellor
- Puāwaitanga tele-health services

Waikato Institute of Technology

- Clinical FTE:5.2
- Mental Health FTE:1.8
- Increased Counsellor FTE 0.8 to 0.92
- Primary Mental Health Nurse
- Addiction Services

Western Institute of Technology at Taranaki

- Clinical FTE: 1.95
- Mental Health FTE: 0.85
- Puāwaitanga tele-health services

Nelson Marlborough Institute

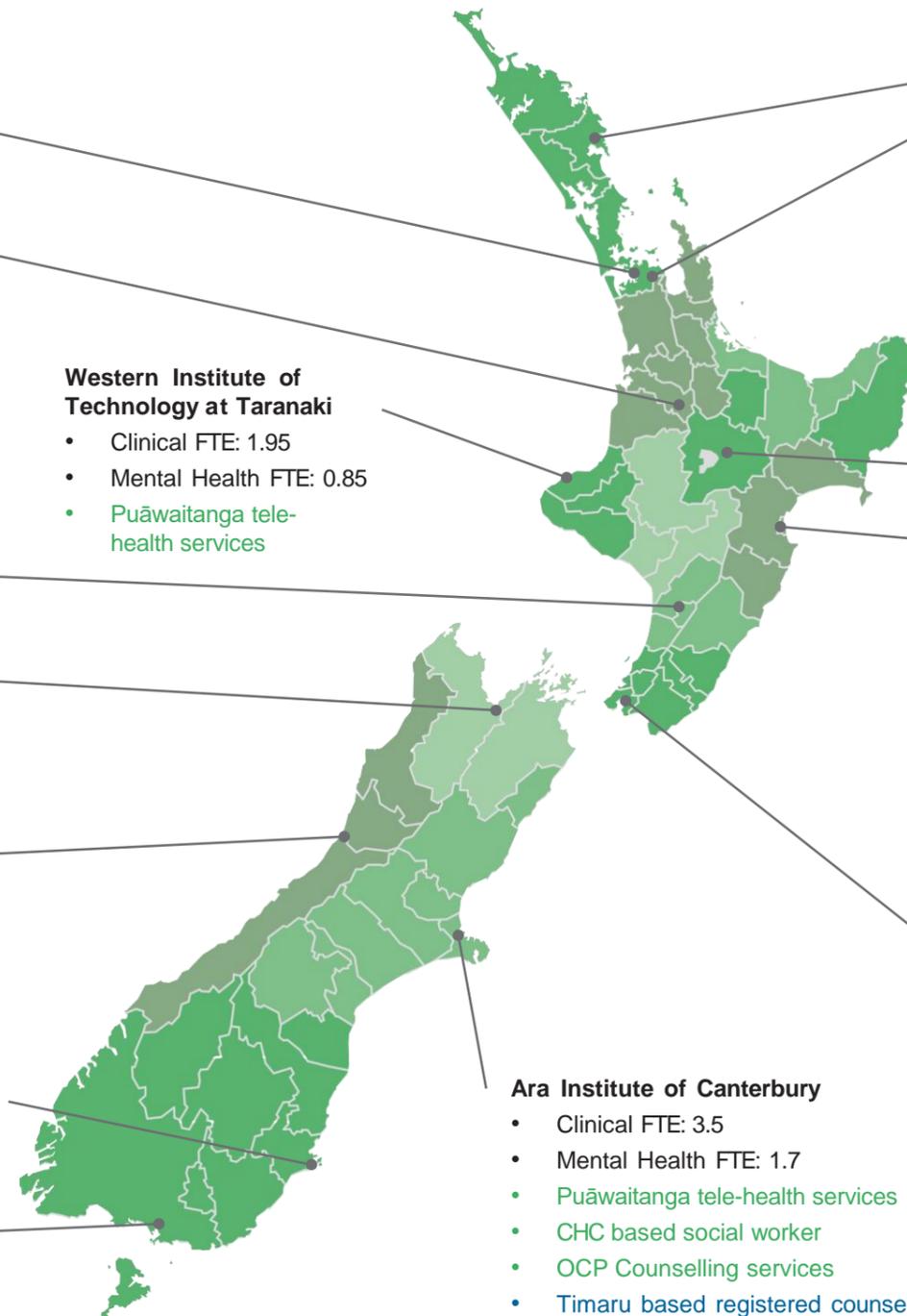
- OCP Counselling service
- Social worker, Pasifika

Te Poutini Polytechnic

- OCP Counselling service
- Expansion of existing Counselling Services

Otago Polytechnic

- Clinical FTE: 6.9
- Puāwaitanga tele-health services
- Wellbeing co-ordinator
- Wellbeing workshops



Unitec Institute of Technology

- Total clinical FTE 7.5
- Puāwaitanga tele-health services
- Increase in clinical staff more accessible to students at Waitakere campus
- Kaupapa Māori Wellbeing co-ordinator
- Contracted mental health support worker/ youth worker.

Eastern Institute of Technology

- Clinical FTE: 2.4
- Mental Health FTE: 1.2
- Contracted health provider in Hawke's Bay
- Expanded kaupapa mental health counselling service in Tāirāwhiti. 1:1 and group counselling
- Well-being Coordinators Hawke's Bay, Tāirāwhiti
- Wānanga - promote wellbeing using Māori and Pacific principles

Ara Institute of Canterbury

- Clinical FTE: 3.5
- Mental Health FTE: 1.7
- Puāwaitanga tele-health services
- CHC based social worker
- OCP Counselling services
- Timaru based registered counsellor

Northland Polytechnic

- Clinical FTE: 1
- Vitae Counselling service
- Whāaea and Matua Regional Cultural Advisors
- Kaitiaki Hauora role
- Akonga Hauora Role
- Workshops/Seminars – Akonga Ora

Toi Ohomai Institute of Technology

- Clinical FTE 3.5.
- Contracted provider, 4 locations
- Increased Counselling hours internal
- Puāwaitanga tele-health services
- Contracted provider, 2 locations
- Kaupapa Māori mindfulness program, Te Ao Māori workshops
- Kaupapa Māori role 2 x 0.6 FTE
- Addiction support
- Contracted provider, 2 locations

Wellington Institute of Technology and Whitireia New Zealand

- Vitae & Piki Counselling Services
- Wai Ora Co-ordinator/youth development worker
- Kaupapa Māori/Pacific/Hauora wananga
- After Hours Counselling/ Mental Health (clinical and non-clinical)
- Peer support mentor sessions

Note: Subsidiaries are able to re-purpose funding to different services if local needs change